

# Soterion

HEALTH AND FITNESS CENTER



LOOK AT WHAT'S COMING TO SOTERION THIS FALL!  
GENUINE SHAOLIN KUNG FU AND CHEN TAIJI QUAN  
MASTERS TO REJUVINATE AND STRENGTHEN YOU.

## PRACTICING MASTERS

Chen Family-Taiji Teachers

Shaolin Temple Monks – Kung Fu

MASSAGE THERAPIST AND ACUPUNCTURIST

DOCTORS OF ORIENTAL MEDICINE

## FROM MANY - ONE



We are not only combining our medical disciplines under one roof, but we are also merging health and wellness with fitness in our perfectly flowing, results oriented programs soon to be announced. Just as this ancient Chinese artist shows – cooperation creates oneness by accepting differences as the necessary parts of a more powerfully unique identity.

What we have done in our evolution is make this quality available to you and our community by bringing together practitioners from many sources with the conscious discipline of working together to co-direct your path to whole health through nutrition, therapy and fitness via one unified direction – Naturally: Soterion.

## VITAL REJUVENATION

As we see it, to replenish life through assertive practices, esteemed self-discipline and foundational health-awareness!

Vital Rejuvenation is offered as a pathway to introduce/reintroduce individuals to practices which help monitor your health by adjusting your routines and includes building a healthy self-esteem along with your physical health.

By incorporating Naturopathy, Traditional Chinese Medicine, Midwifery, Massage, Kung Fu and Taiji Quan along with a balanced philosophy of the nature of herbs as supplements, we will provide you with the best opportunity to experience positive results and improvement.

At Soterion we will provide you with information or instant access to renowned principles and practices by featuring practitioners who utilize many ancient and modern methods of evaluating your condition and subsequent needs.

Our practitioners will also diagnose you with many accurate and dynamic tests for determining the hidden answers that generally provide relief.

Be a part of our growing and concerned resource. Utilize our services and participate in a growing model that has provided health services in Eugene since 1999.

Here is some great news! We are currently looking at locations large enough to provide all of our services to you and the community under one roof. Yes, the clinic is expanding its medical center, fitness center and much, much more.